FibroScan

Associates in Gastroenterology, P.C. 2940 North Circle Drive, Colorado Springs, CO 80909
Clinic Phone Number: (719)635-7321

FibroScan Testing is a recently FDA-approved non-invasive diagnostic device used to measure liver scarring or fibrosis caused by a number of liver diseases. FibroScan is similar to a conventional liver ultrasound exam, outpatient FibroScan testing is quick, painless, easy, and provides a non-surgical alternative to the traditional liver biopsy to assess liver damage.

Associates in Gastroenterology, PC is one of the first clinics in the Southern Colorado area to provide this innovative procedure.
Your physician may recommend a FibroScan test if you have one of the following chronic liver conditions:

- Autoimmune Hepatitis
- Cirrhosis
- Genetic Diseases (such as Hemochromatosis and Wilson's Disease)
- Hepatitis B
- Hepatitis C
- Alcoholic Liver Disease
- Non-Alcoholic Steatohepatitis (NASH)

How to prepare for the FibroScan Test:

- **No Food or Liquids (including water) for 3 hours prior to the procedure**

ALCOHOL:

- **IF YOU CONSUME ALCOLHOL SOCIALLY PLEASE ABSTAIN FROM ALCOHOL 2-3 WEEKS PRIOR TO FIBROSCAN**
- **IF YOU CONSUME ALCOHOL DAILY YOU MUST ABSTAIN FROM ALCOHOL 8-12 WEEKS PRIOR TO FIBROSCAN**

PATIENT'S MUST BE ABLE TO PERFORM THE FOLLOWING:

- **Must be able to get up onto the exam table WITHOUT assistance**
- **Must be able to lay flat on their back and lay STILL for an extended period of time**
- **Must be able to lift their right arm above their head and hold it there for an extended period of time**

What to Expect once you arrive for the FibroScan Test:

- Plan to arrive 15 minutes before your scheduled procedure time
- Please bring insurance/ID card
- FibroScan requires no sedation of any kind. You may drive yourself to and from the test.
- The procedure can take up to 20 minutes.
- For the procedure, you will lie on your back with your right arm raised behind your head, and your right abdominal area exposed (wear loose-fitting top and bottom)
- A medical staff member will apply a water-based gel to your skin, then will place a non-invasive probe over your liver

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What to Expect after the FibroScan Test:

- The FibroScan computer will analyze the information from your test. The results will be given to your physician for review. You will be notified of the results once reviewed in 1-2 weeks via phone call OR a letter in the mail.

Appointment Information:
Date: _____ **Time:** _____