



# FibroScan

Associates in Gastroenterology, P.C. 2940 North Circle Drive, Colorado Springs, CO 80909  
Clinic Phone Number: (719)635-7321

FibroScan Testing is a recently FDA-approved non-invasive diagnostic device used to measure liver scarring or fibrosis caused by a number of liver diseases. FibroScan is similar to a conventional liver ultrasound exam, outpatient FibroScan testing is quick, painless, easy, and provides a non-surgical alternative to the traditional liver biopsy to assess liver damage.

**Associates in Gastroenterology, PC is one of the first clinics in the Southern Colorado area to provide this innovative procedure.**

Your physician may recommend a FibroScan test if you have one of the following chronic liver conditions:

- Autoimmune Hepatitis
- Cirrhosis
- Genetic Diseases (such as Hemochromatosis and Wilson's Disease)
- Hepatitis B
- Hepatitis C
- Alcoholic Liver Disease
- Non-Alcoholic Steatohepatitis (NASH)

How to prepare for the FibroScan Test:

- No Food or Liquids (including water) for 3 hours prior to the procedure

## **ALCOHOL:**

- **IF YOU CONSUME ALCOHOL SOCIALLY PLEASE ABSTAIN FROM ALCOHOL 2-3 WEEKS PRIOR TO FIBROSCAN**
- **IF YOU CONSUME ALCOHOL DAILY YOU MUST ABSTAIN FROM ALCOHOL 8-12 WEEKS PRIOR TO FIBROSCAN**

What to Expect once you arrive for the FibroScan Test:

- Plan to arrive 15 minutes before your scheduled procedure time
- Please bring insurance/ID card
- FibroScan requires no sedation of any kind. You may drive yourself to and from the test.
- The procedure takes about 5 minutes. Your appointment will last about 30 minutes.
- For the procedure, you will lie on your back with your right arm raised behind your head, and your right abdominal area exposed (wear a loose-fitting shirt)
- A medical provider will apply a water-based gel to your skin, then will place a non-invasive probe over your liver
- During the exam, you may feel a slight vibration on the skin at the tip of the probe as it delivers ultrasound waves to the area for measuring purposes.

What to Expect after the FibroScan Test:

- The FibroScan computer will analyze the information from your test. The results will be given to your physician for review. You will be notified of the results once reviewed.

**Appointment Information: Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_