

UPPER EUS GENERAL INSTRUCTIONS

IMPORTANT: STOP THE FOLLOWING :

PLEASE CHECK WITH THE DOCTOR WHO PRESCRIBED THESE FOR YOU BEFORE STOPPING THEM:

◆ **7 Days Prior To Your Procedure:**

- All Anti-platelet medications: Plavix (clopidogrel), Pletal, Ticlid, Aggrenox, Anagrelide, Effient, Brilinta—or any other Anti-platelet medication not listed

◆ **5 Days Prior To Your Procedure:**

- All blood thinners (Coumadin, Warfarin, Jantoven, etc.)
- Pradaxa, Xarelto (rivaroxaban), Eliquis (Apixaban)

◆ **2 Days Prior To Your Procedure:**

- Iron supplements

◆ **12 Hours Prior To Your Procedure:**

- Lovenox (INJECTIONS)

THE DAY BEFORE THE PROCEDURE:

- You may eat and drink normally

THE DAY OF YOUR PROCEDURE:

- **NO SOLID FOOD**
- You may have MODERATE AMOUNT of clear liquids up to 6 hours before the procedure.
- Clear liquids include (most any liquid you can see through—NO RED OR PURPLE) water, clear broth, apple juice, white cranberry juice, white grape juice, ginger ale, 7 up – (no coke or colored pop), plain gelatin, , lemonade, kool aide, Gatorade, crystal lite type drinks, coffee or tea without additives such as cream or non-dairy creamer
- Must stop drinking 6 hours before your scheduled procedure time.

(Time) O'clock – Stop drinking and as above no solid food till after procedure is completed

- **IF YOU DO NOT STOP DRINKING SIX HOURS BEFORE YOUR PROCEDURE —YOUR PROCEDURE MAY BE CANCELLED.**
- Be sure to bring your medication list with you
- You will have anesthesia / sedation for this exam (unless you specifically ask not to) and **will need to have a driver home.** Taxi cab will not be sufficient. **IF YOU DO NOT HAVE A DRIVER HOME YOUR APPOINTMENT WILL BE CANCELLED / RESCHEDULED.**
- You will not be allowed to drive or go back to work until the day after the procedure

- ❖ If you take heart, blood pressure, or seizure medication routinely -- the morning of your procedure you may take the medication up to 2 hours before your procedure with **small amount of water.**
- ❖ Insulin—take ½ dose depending on AM glucose level.
- ❖ Oral glucose medication—**DO NOT TAKE.**

Your Appointment is scheduled for:

Date: _____

At Endoscopy Center of Colorado Springs. (same address as office) 2940 N.Circle Drive.

At Penrose Main Hospital, 3rd floor GI Lab.

At St. Francis Medical Center / 6001 E Woodmen RD

Check in at first floor registration—they will direct you to the GI Lab.

Hospital patients please pre-register

Call 776-8010 one (1) week prior to your procedure to pre-register.

Check in Time: _____

Procedure Time: _____

Your procedure is scheduled with :

Dr. Lunt

Dr. Garza

Dr. Swendsen