**Associates in Gastroenterology and Endoscopy Centers of Colorado Springs**

**IMPORTANT: For your safety, YOUR PROCEDURE WILL BE CANCELLED if these instructions are not followed.**

---

❖ **GLP-1 agonist medications currently available on the U.S. market include:**

- Dulaglutide (Trulicity®)
- Exenatide (Byetta®)
- Exenatide extended-release (Bydureon®)
- Liraglutide (Victoza®)
- Lixisenatide (Adlyxin®)
- Semaglutide injection (Ozempic® or Wegovy®)
- Semaglutide tablets (Rybelsus®)
- Tirzepatide (Mounjaro® or Zepbound®)

If you take any of these medications orally, **hold it the morning of your procedure**.

If you take the injectable form of these medications, hold it for **7 days prior** to your procedure.

---

❖ **Sodium Glucose Costransporter-2 Inhibitors (SGLT-2) class include:**

- Invokana® (canagliflozin)
- Jardiance® (empagliflozin)
- Synjardy® (empagliflozin/metformin)

Hold these medications for **3 days prior** to your procedure.

---

- Steglatro® (ertugliflozin)
- Farxiga® (dapagliflozin)
- Sotafliflozin (Inpefa)

Hold these medications for **4 days prior** to your procedure.

---

Associates in Gastroenterology, P.C.
2940 North Circle Drive
Colorado Springs, CO 80909
719-635-7321
www.agcosprings.com

Your Appointment is scheduled for:

Date: _____

Check in Time: _____

Procedure Time: _____

Location:

- ❑ Penrose Main Hospital GI Lab
  2222 N. Nevada Ave.
- ❑ St. Francis Medical Center
  6001 E. Woodmen Rd.

If you are scheduled at the hospital:

- Call 776-8010 one (1) week prior to your procedure to pre-register
- Check in at registration –they will direct you to the GI Lab.

Your procedure is scheduled with:

- ❑ Dr. Lunt
- ❑ Dr. Garza
- ❑ Dr. Swendsen
- ❑ Dr. Yanchak

## What is an Endoscopic Ultrasound?

This test is a minimally invasive procedure to assess gastrointestinal diseases. The procedure involves having an upper endoscopy (EGD) procedure with a special endoscope that uses high-frequency sound waves to produce detailed images of the lining and walls of your digestive tract and chest, nearby organs such as the pancreas and liver, and lymph nodes.

## Stop taking blood-thinning medications:

You will need to stop taking certain blood-thinning medications in the days before your colonoscopy. If you take a blood-thinning medication, please check with the doctor who prescribed your medication before stopping it.

7 Days Prior To Your Procedure:

- Stop taking all prescription anti-platelet medications: Plavix (clopidogrel), Pletal, Ticlid (ticlopidine), Aggrenox, Agrylin (anagrelide), or Effient.

5 Days Prior To Your Procedure:

- Stop taking Coumadin (warfarin), Brilinta, and Jantoven.

2 Days Prior To Your Procedure:

- Stop taking Pradaxa (dabigatran), Xarelto (rivaroxaban), Eliquis (apixaban), and oral iron supplements.

12 hours Prior To Your Procedure:

- Stop taking Lovenox, aspirin, ibuprofen, other NSAIDs.

## The day of your procedure:

You may have small amount of food and drink up to 8 hours before the procedure. You will need to stop drinking and eating eight hours before your endoscopy to ensure your stomach is empty for the procedure.

## Nothing to eat, drink, or chew after _____.

IF YOU DO NOT STOP EATING AND DRINKING **EIGHT** HOURS BEFORE YOUR PROCEDURE — YOUR PROCEDURE MAY BE CANCELLED.

## Bring a medication list.

Tell your doctor about all the medications and supplements you are taking before your endoscopy. If you take heart, blood pressure, or seizure medication routinely, you may take the medication up to 2 hours before your procedure with a small amount of water. If you are diabetic, hold oral medications the morning of your procedure. If you take insulin, take only half of your normal dose depending on your morning glucose level.

## Plan ahead for your recovery.

You will receive anesthesia/sedation for this exam. You may feel mentally alert, but your memory, reaction times, and judgment may be impaired. You will not be allowed to drive or go back to work until the day after the procedure.

IF YOU DO NOT HAVE A DRIVER HOME, YOUR PROCEDURE WILL BE CANCELLED.

A list of frequently asked questions is available at www.agcosprings.com